

Ingredients*

Customized ingredients for vegetarian dish

OMITTED:





ADDED:



2 Pasture-Raised Eggs 🔄





½ lb Lo Mein Noodles



3 oz Baby Spinach



6 oz Carrots



2 cloves Garlic



2 Tbsps Soy Glaze



2 tsps Gochujang



2 Tbsps Hoisin Sauce



1 Tbsp Sherry Vinegar



1 Tbsp Sesame Oil



1 tsp Black & White Sesame Seeds

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1 Prepare the ingredients & make the sauce

- Fill a medium pot 3/4 of the way up with water; cover and heat to boiling on high.
- · Wash and dry the fresh produce.
- Peel the carrots; halve lengthwise, then thinly slice crosswise.
- Peel and roughly chop 2 cloves of garlic.
- In a bowl, whisk together the hoisin sauce, soy glaze, sesame oil, vinegar, 1/2 cup of water, and as much of the gochujang as you'd like, depending on how spicy you'd like the dish to be.



CUSTOMIZED STEP 1 If you chose Vegetarian

- Prepare the ingredients and make the sauce as directed.
- Cut the mushrooms into bite-sized pieces.



ADDITIONAL STEP If you chose Vegetarian

- Carefully add the **eggs** to the pot of boiling water and cook 7 minutes for soft-boiled, or until your desired degree of doneness.
- Leaving the pot of water boiling, using a slotted spoon or tongs, transfer the cooked eggs to a strainer and rinse under cold water 30 seconds to 1 minute to stop the cooking process.
- When cool enough to handle, carefully peel the cooked eggs. Halve lengthwise; season with salt and pepper.

2 Cook the noodles

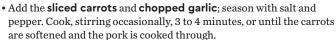
- Add the **noodles** to the pot of boiling water, stirring gently to separate. Cook, stirring occasionally, 2 to 4 minutes, or until tender. Turn off the heat.
- · Drain thoroughly and rinse under warm water 30 seconds to 1 minute to prevent sticking.



3 Cook the pork & carrots

- Meanwhile, in a large pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the pork. Cook, without stirring, 3 to 4 minutes, or until lightly browned; season with salt and pepper.







CUSTOMIZED STEP 3 If you chose Vegetarian

- Meanwhile, in a large pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the mushroom pieces in an even layer. Cook, without stirring, 3 to 4 minutes, or until lightly browned.
- Add the sliced carrots and chopped garlic; season with salt and pepper. Cook, stirring occasionally, 3 to 4 minutes, or until softened.

4 Finish the noodles & serve your dish

- To the pan, add the cooked noodles, spinach, and sauce (carefully, as the liquid may splatter); season with salt and pepper. Cook, stirring frequently, 2 to 3 minutes, or until the spinach is wilted and the noodles are coated.
- Turn off the heat. Taste, then season with salt and pepper if
- Serve the **finished noodles** garnished with the **sesame seeds**. Enjoy!



CUSTOMIZED STEP 4 If you chose Vegetarian

- Finish the noodles and serve your dish as directed, topping with seasoned eggs.

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