



Ingredients*

Customized ingredients

ADDED:



10 oz Hot Italian Pork Sausage 🔄

or



18 oz Boneless Chicken Breast Pieces 🔄



3/4 lb Fettuccine Pasta



1 lb Broccoli



2 oz Sliced Roasted Red Peppers



1 Tbsp Capers



2 cloves Garlic



½ cup Cream



1/4 cup Grated Parmesan Cheese



2 oz Salted Butter



1 cup Part-Skim Ricotta Cheese



1 Tbsp Calabrian Chile Paste



1/4 cup Tomato Paste

Cook along on the app





"Alexa, find Blue Apron recipes."

Prepare & roast the broccoli

- Place an oven rack in the center of the oven; preheat to 450°F.
- Fill a large pot 3/4 of the way up with salted water; cover and heat to boiling on high.
- Wash and dry the broccoli. Cut off and discard the bottom 1/2 inch of the stem, then cut the broccoli into small florets.



- Place on a sheet pan. Drizzle with olive oil and season with salt and pepper. Toss to coat; arrange in an even layer.
- Roast 14 to 16 minutes, or until browned and tender when pierced with a fork.
- · Remove from the oven.

2 Cook the pasta

- · Meanwhile, add the pasta to the pot of boiling water. Cook, stirring occasionally, 8 to 10 minutes, or until al dente (still slightly firm to the bite). Turn off the heat.
- Reserving 1/2 cup of the pasta cooking water, drain thoroughly and return to the pot.



3 Prepare the remaining ingredients

- · Meanwhile, peel and roughly chop 2 cloves of garlic.
- Finely chop the peppers.
- In a bowl, combine the ricotta, half the parmesan, and a drizzle of olive oil. Season with salt and pepper.



ADDITIONAL STEP

If you chose Sausage

- In a large pan, heat a drizzle of olive oil on medium-high until hot.
- Add the sausage. Cook, stirring frequently and breaking the meat apart with a spoon, 7 to 9 minutes, or until browned and cooked through.
- Leaving any browned bits (or fond) in the pan, transfer to a plate.

If you chose Chicken

- Pat the **chicken** dry with paper towels; season with salt and pepper.
- In a large pan, heat a drizzle olive oil on medium-high until hot.
- Add the seasoned chicken. Cook, without stirring, 3 to 4 minutes, or until lightly browned. Continue to cook, stirring occasionally, 3 to 4 minutes, or until browned and cooked through.
- Leaving any browned bits (or fond) in the pan, transfer to a plate.

4 Make the sauce

- In a large pan, heat a drizzle of olive oil on medium-high until hot.
- Add the capers, chopped garlic, and chopped peppers; season with salt and pepper. Cook, stirring constantly, 1 to 2



• Turn off the heat. Add the cream and 1/2 cup of water (carefully, as the liquid may splatter). Stir to combine. Taste, then season with salt and pepper if desired.

CUSTOMIZED STEP 4

If you chose Sausage

- Make the sauce as directed, using the pan of reserved fond.

If you chose Chicken

- Make the sauce as directed, using the pan of reserved fond.

5 Finish the pasta & serve your dish

• To the pot of cooked pasta, add the sauce, butter, and half the reserved pasta cooking water. Cook on medium-high, stirring constantly, 1 to 2 minutes, or until the pasta is coated and combined (if necessary, gradually add the remaining cooking water to ensure the pasta is thoroughly coated).



- Turn off the heat. Taste, then season with salt and pepper if desired.
- On a serving plate, spread the **seasoned ricotta** into an even layer. Top with the roasted broccoli.
- Serve the finished pasta with the finished broccoli on the side. Garnish with the remaining parmesan. Enjoy!



CUSTOMIZED STEP 5

If you chose Sausage

- Finish the pasta and serve your dish as directed, adding the cooked sausage to the pot.

If you chose Chicken

- Finish the pasta and serve your dish as directed, adding the cooked chicken to the pot.