

## Ingredients\*



12 oz Boneless, Skinless Chicken Thighs



½ cup Pearl Couscous



3 oz Baby Spinach



1 oz Sliced Roasted Red Peppers



1/4 cup Marinated Artichoke Hearts



1 1/2 oz Feta Cheese



¹∕₃ cup Salsa Verde



1 Tbsp Weeknight Hero Spice Blend<sup>1</sup>



1 Single-Use Aluminum Tray

> If your tray was not included, use an 8×8- or 11×9-inch baking dish.

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<sup>1.</sup> Onion Powder, Garlic Powder, Smoked Paprika & Whole Dried Parsley

<sup>\*</sup>Ingredients may be replaced and quantities may vary.



#### "Alexa, find Blue Apron recipes."

## 1 Prepare the ingredients & make the base

- Place an oven rack in the center of the oven; preheat to 450°F.
- Wash and dry the spinach.
- In the tray (or baking dish), combine the spinach, couscous, artichokes, peppers, and salsa verde. Stir to combine.
- Add 1/4 cup of water to the tray. Season with salt and pepper; stir to thoroughly combine.

## 2 Bake the tray & serve your dish

- Pat the chicken dry with paper towels. Season on both sides with salt, pepper, and enough of the spice **blend** to coat (you may have extra).
- Add the seasoned chicken in an even layer on top of the prepared base.
- Tightly cover the tray with foil and bake 20 to 22 minutes (or 25 to 27 minutes if using a baking dish), or until the couscous is tender and the chicken is cooked through.\*
- Remove from the oven. Carefully remove the foil.
- Serve the **baked tray** topped with the **cheese** (crumbling before adding). Enjoy!





\*The USDA recommends a minimum safe cooking temperature of 165°F for chicken.



in the microwave

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Produced in a facility that processes crustacean shellfish, egg, fish, milk, peanuts, soy, tree nuts, sesame, and wheat Blue Apron, LLC, New York, NY 10005







in under 30 minutes