

Seared Steaks & Mushroom Agrodolce

with Roasted Potatoes & Brussels Sprouts

2 SERVINGS

30-40 MINS

 **Blue Apron**
blueapron.com



Ingredients*

Customized ingredients



2 Steaks 

SWAPPED FOR:



2 10-oz No Added Hormones NY Strip Steaks 

or



1 20-oz Pasture-Raised Ribeye Steak 



1 Tbsp Sugar



¾ lb Potatoes



4 oz Mushrooms



¼ cup Grated Parmesan Cheese



¼ tsp Crushed Red Pepper Flakes



½ lb Brussels Sprouts



1 Tbsp Sweet Drop Peppers



2 Tbsps Balsamic Vinegar



1 Tbsp Weeknight Hero Spice Blend¹



Serve with Blue Apron wine that has this symbol blueapron.com/wine

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¹ Onion Powder, Garlic Powder, Smoked Paprika & Whole Dried Parsley
*Ingredients may be replaced and quantities may vary.



"Alexa, find Blue Apron recipes."

1 Prepare the ingredients

- Preheat the oven to 450°F.
- Wash and dry the fresh produce.
- Medium dice the **potatoes**.
- Cut off and discard the stem ends of the **brussels sprouts**; halve lengthwise.
- Thinly slice the **mushrooms**.



2 Roast the potatoes & brussels sprouts

- Place the **diced potatoes** and **halved brussels sprouts** in a bowl. Drizzle with **olive oil**; season with salt, pepper, and enough of the **spice blend** to coat (you may have extra). Toss to thoroughly coat.
- Reserving the bowl, transfer to a sheet pan and arrange in an even layer.
- Roast 19 to 21 minutes, or until browned and tender when pierced with a fork.
- Transfer to the reserved bowl. Add the **cheese**; toss to coat. Taste, then season with salt and pepper if desired.



3 Cook the steaks

- Meanwhile, pat the **steaks** dry with paper towels; season with salt and pepper on all sides.
- In a medium pan, heat a drizzle of **olive oil** on medium-high until hot.
- Add the seasoned steaks. Cook, turning occasionally, 8 to 10 minutes for medium-rare (125°F), or until browned and cooked to your desired degree of doneness.*
- Leaving any browned bits (or fond) in the pan, transfer to a cutting board; let rest at least 5 minutes.



4 CUSTOMIZED STEP 3

If you chose Strip Steaks

- Meanwhile, pat the **steaks** dry with paper towels; season with salt and pepper on both sides.
- In a medium pan, heat a drizzle of **olive oil** on medium-high until hot.
- Add the seasoned steaks. Cook 2 to 3 minutes, or until browned. Flip and cook 1 to 2 minutes for medium-rare (125°F), or until browned and cooked to your desired degree of doneness.*
- Leaving any browned bits (or fond) in the pan, transfer to a cutting board; let rest at least 5 minutes.

If you chose Ribeye Steak

- Meanwhile, pat the **steak** dry with paper towels; season with salt and pepper on both sides.
- In a large pan, heat a drizzle of **olive oil** on medium-high until hot.
- Add the seasoned steak. Cook 8 to 10 minutes, turning occasionally, or until lightly browned.
- Leaving any browned bits (or fond) in the pan, transfer to a separate sheet pan.
- Roast 5 to 9 minutes for medium-rare (125°F), or until browned and cooked to your desired degree of doneness.*
- Transfer to a cutting board; let rest at least 10 minutes.

4 Make the mushroom agrodolce

- While the steaks rest, in the pan of reserved fond, heat a drizzle of **olive oil** on medium-high until hot.
- Add the **sliced mushrooms** in an even layer. Cook, without stirring, 1 to 2 minutes, or until lightly browned. Season with salt and pepper. Continue to cook, stirring frequently, 1 to 2 minutes, or until slightly softened.
- Add the **sugar**, **vinegar** (carefully, as the liquid may splatter), and as **much of the red pepper flakes as you'd like**, depending on how spicy you'd like the dish to be. Cook, stirring frequently and scraping up any fond, 2 to 3 minutes, or until the mushrooms are coated and the sauce is slightly thickened.
- Turn off the heat. Taste, then season with salt and pepper if desired.



5 Slice the steaks & serve your dish

- Find the lines of muscle (or grain) on the **rested steaks**; slice crosswise against the grain.
- Serve the **sliced steaks** with the **finished potatoes and brussels sprouts**. Top the steaks with the **mushroom agrodolce**. Garnish with the **peppers**. Enjoy!



*The USDA recommends a minimum safe cooking temperature of 145°F for steak. Cook the steaks an additional 2 to 3 minutes to achieve this. Consuming raw or undercooked meat, poultry, fish, seafood or eggs may increase your risk of foodborne illness.

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CONTAINS: SEE INGREDIENT PACKAGING FOR ALLERGEN(S).

Produced in a facility that processes crustacean shellfish, egg, fish, milk, peanuts, soy, tree nuts, and wheat.

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