

### Ingredients\*

**Customized ingredients** 

ADDED:



3 oz Diced Pancetta 🔄



1/4 cup Cream



1/4 tsp Crushed Red Pepper Flakes



6 oz Mafalda Pasta



3 oz Baby Spinach



1/4 cup Grated
Parmesan Cheese



1 Delicata Squash



1 Shallot



1/3 cup Basil Pesto



Serve with Blue Apron wine that has this symbol blueapron.com/wine

# Cook along on the app

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#### "Alexa, find Blue Apron recipes."

# 1) Prepare & roast the squash

- Place an oven rack in the center of the oven; preheat to 450°F.
- Fill a medium pot 3/4 of the way up with salted water; cover and heat to boiling on high.
- Wash and dry the fresh produce.
- · Line a sheet pan with foil.
- Cut off and discard the ends of the squash. Halve lengthwise; using a spoon, scoop out and discard the pulp and seeds. Quarter the squash, then cut crosswise into 1/2-inch pieces.
- Transfer to the sheet pan; drizzle with olive oil and season with salt and pepper. Toss to coat and arrange in an even layer.
- Roast 20 to 22 minutes, or until tender when pierced with a fork.
- · Remove from the oven.

# 2 Cook the pasta

- Meanwhile, add the pasta to the pot of boiling water. Cook, stirring occasionally, 10 to 12 minutes, or until al dente (still slightly firm to the bite). Turn off the heat.
- Reserving 1/4 cup of the pasta cooking water, drain thoroughly and return to the pot.



## Cook the spinach

- Meanwhile, peel and thinly slice the shallot.
- · Once the squash has roasted about 15 minutes, in a medium pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the sliced shallot and as much of the red pepper flakes
- as you'd like, depending on how spicy you'd like the dish to be; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until softened.
- $\bullet$  Add the spinach. Cook, stirring frequently, 1 to 2 minutes, or until combined and the spinach is wilted.
- Turn off the heat.



#### **CUSTOMIZED STEP 3** If you chose Pancetta

- Meanwhile, peel and thinly slice the shallot.
- Once the squash has roasted about 15 minutes, in a medium pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the pancetta in an even layer. Cook, without stirring, 2 to 3 minutes, or until lightly browned and crispy.
- Add the sliced shallot and as much of the red pepper flakes as you'd like, depending on how spicy you'd like the dish to be; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until the shallot is softened and the pancetta is cooked through.
- Add the spinach. Cook, stirring frequently, 1 to 2 minutes, or until combined and the spinach is wilted.
- Turn off the heat.

## 4 Finish the pasta & serve your dish

• To the pot of cooked pasta, add the cooked spinach, roasted squash, pesto, cream, and half the reserved pasta cooking water. Cook on medium-high, stirring constantly, 1 to 2 minutes, or until combined and the pasta is coated (if necessary, gradually add the remaining cooking water to ensure the pasta is thoroughly coated).



- Turn off the heat. Taste, then season with salt and pepper if desired.
- Serve the finished pasta garnished with the cheese. Enjoy!



#### **CUSTOMIZED STEP 4** If you chose Pancetta

- Finish the pasta and serve your dish as directed, using the cooked pancetta and spinach.

