

Vietnamese Bun Cha

with Rice Noodles & Asian Herb Salad

This Vietnamese dish is traditionally served with a plate of fresh herbs, which usually include cilantro, Thai basil, and bean sprouts. To these, we're adding shiso leaves, a Japanese herb with a slightly minty, spiced taste. This array of greens transforms the dish, each herb adding distinctive fragrances and flavors. Feel free to customize your meal and try different combinations.



Ingredients

- 2 Cloves Garlic
- 1 Bird's Eye Chili
- 1 Bunch Cilantro
- 1 Bunch Thai Basil
- 1 Shallot
- 10 Ounces Ground Pork
- 2 Ounces Hoisin Sauce
- ¼ Cup Panko Breadcrumbs
- 1 Tablespoon Rice Vinegar
- 1 Teaspoon Brown Sugar
- 8 Ounces Rice Noodles
- 2 Ounces Mung Bean Sprouts
- 4 Shiso Leaves

Makes 2 Servings
About 670 Calories Per Serving



Instructions

1



Prepare the ingredients:

Wash and dry the fresh produce. Heat a medium pot of salted water to boiling on high. Peel and mince the garlic and shallot. Pick the cilantro and Thai basil leaves off the stems.

2



Make the pork meatballs:

In a medium bowl, combine **ground pork**, **Panko breadcrumbs** and **half of both the shallot and hoisin sauce**; season with salt and pepper. Roll the mixture into 16-18 small (slightly smaller than a golf ball) meatballs.

3



Cook the noodles:

Once the medium pot of water is boiling, add the **rice noodles**. Cook 7 to 9 minutes, or until tender. Drain thoroughly and set aside.

4



Make the broth:

In a small pot, heat 1 teaspoon of olive oil on medium until hot. Add the **garlic**, **bird's eye chili** and **remaining shallot** and cook 30 seconds to 1 minute, or until fragrant, stirring frequently. Stir in the **rice vinegar**, **brown sugar**, **2 cups of water** and **remaining hoisin sauce** and cook 3 to 5 minutes to develop the flavors and dissolve the sugar. Season with salt and pepper.

5



Cook the meatballs:

While the noodles cook, in a large pan (nonstick, if you have one), heat 2 teaspoons of olive oil on medium until hot. Add the **meatballs** and cook, stirring occasionally, about 6 to 8 minutes, or until browned and cooked through. (You can easily test the meatballs by removing one and cutting it in half.) Transfer to a plate.

6



Plate your dish:

Rinse the **cooked rice noodles** under hot water to loosen them, then divide between 2 bowls and top each with **half of both the meatballs and broth**. Garnish with the **bean sprouts**, **cilantro**, **Thai basil** and **shiso** (tearing the leaves before adding, if you'd like). Enjoy!