



### **Ingredients**



18 oz Ground Beef



3/4 lb Carrots



2 Tbsps Grated Cotija Cheese



½ cup Cilantro Sauce



1 Tbsp Light Brown Sugar



1 Pasture-Raised Egg



1 1/4 lbs Potatoes



½ cup Sour Cream



3 Tbsps Ketchup



1 Tbsp Weeknight Hero Spice Blend<sup>1</sup>



½ cup Panko Breadcrumbs



¾ lb Green Beans



2 tsps Chipotle Chile Paste



¹⁄₃ cup Mirepoix



Serve with Blue Apron wine that has this symbol blueapron.com/wine

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#### "Alexa, find Blue Apron recipes."

# 1 Prepare the ingredients & make the glaze

- Preheat the oven to 450°F.
- Fill a medium pot 3/4 of the way up with salted water; cover and heat to boiling on high.
- · Wash and dry the fresh produce.
- Medium dice the potatoes.
- Peel the carrots: halve crosswise. then halve lengthwise.
- · Cut off and discard any stems from the green beans.
- In a bowl, whisk together the ketchup, sugar, and as much of the chile paste as you'd like, depending on how spicy you'd like the dish

#### 2 Form & roast the meatloaf

- In a large bowl, combine the beef, mirepoix, breadcumbs, and egg; season with salt and pepper. Gently mix to combine.
- Transfer to a sheet pan. Shape the mixture into a tightly packed loaf, about 10 inches by 3 inches.
- Transfer half the glaze to a separate bowl and set aside for



- Evenly top the **meatloaf** with the **remaining glaze**.
- Roast 19 to 21 minutes, or until browned and cooked through.\*
- Remove from the oven and let rest at least 2 minutes.

# Cook & mash the potatoes

- Meanwhile, add the diced potatoes to the pot of boiling water. Cook 17 to 19 minutes, or until tender when pierced with a fork. Turn off the heat.
- Drain thoroughly and return to the pot. Add half the sour cream and a drizzle of olive oil; season with salt and pepper. Using a fork or potato masher,

mash to your desired consistency. Taste, then season with salt and pepper if desired.

To view this recipe's full nutrition information, SEE FULL RECIPE in the current tab of your

· Cover to keep warm.



- Meanwhile, place the carrot pieces and green beans on a separate sheet pan. Drizzle with olive oil and season with salt, pepper, and the spice blend; toss to coat and arrange in an even layer.
- Roast 14 to 16 minutes, or until browned and tender when pierced with a fork.
- Remove from the oven.



## Finish & serve your dish

- In a bowl, combine the cilantro sauce and remaining sour cream; season with salt and pepper.
- Carefully transfer the rested meatloaf to a cutting board and slice crosswise.

the cheese. Enjoy!

• Serve the sliced meatloaf with the mashed potatoes and roasted vegetables. Top the meatloaf with the reserved glaze. Top the vegetables with the cilantro sour cream. Garnish the potatoes with



\*The USDA recommends a minimum safe cooking temperature of 160°F for beef.

