

FYOU CHOSE A CUSTOMIZED OPTION, visit the Current tab in the Blue Apron app or at blueapron.com for ingredients (denoted with an circum) and instructions tailored to you.*

Ingredients

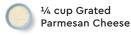
Customized ingredients



SWAPPED FOR:











1 ¼ lbs Potatoes



2 Zucchini



1/4 cup Mascarpone Cheese



2 Tbsps Dijon Mustard



½ lb Grape Tomatoes



2 cloves Garlic



1 Tbsp Sherry Vinegar



1 Tbsp Italian Seasoning¹



Serve with Blue Apron wine that has this symbol blueapron.com/wine





PersonalPoints⁻ range per serving

Now your Points value is personalized to YOU! It could be between 8-14 Points. Scan the barcode to see yours!



Scan this barcode in your WW app to 5 track Personal Points.

Wine is not included in PersonalPoints as packaged. Skip adding salt during prep and cooking, and see nutrition info for sodium as packaged. Choose nonstick cooking spray (0 PersonalPoints) instead of olive oil (1 PersonalPoint per teaspoon) to coat your pan before heating.

If you customized this recipe, your PersonalPoints may differ from what's above.

To learn more about the (NEW!) WW PersonalPoints™ program, visit ww.com. The WW logo, PersonalPoints and myWW are the trademarks of WW International, Inc. and are used under license by Blue Apron, LLC.

^{1.} Whole Dried Basil, Sage, Oregano, Savory, Rosemary, Thyme & Marjoram

^{*}Ingredients may be replaced and quantities may vary.

Hey, Chef! Try these WW pro-tips: Skip adding salt during prep and cooking, and see nutrition info for sodium as packaged. Counting Personal Points? Choose nonstick cooking spray (0 PersonalPoints) instead of olive oil (1 PersonalPoint per teaspoon) to coat your pan before heating. To learn more about WW's Points program, visit ww.com.

COOK ALONG WITH



"Alexa, find Blue Apron recipes."

1) Prepare the ingredients

- Fill a large pot 3/4 of the way up with salted water; cover and heat to boiling on high.
- Wash and dry the fresh produce.
- Medium dice the potatoes.
- Quarter the zucchini lengthwise, then cut crosswise into 1-inch pieces.
- Peel 2 cloves of garlic. Roughly chop 1 clove. Using a zester or the small side of a box grater, finely grate the remaining clove into a paste.
- Halve the tomatoes. Place in a bowl; add the chopped garlic. Season with salt and pepper; stir to combine.

2 Cook & mash the potatoes

- Add the diced potatoes to the pot of boiling water. Cook 17 to 19 minutes, or until tender when pierced with a fork. Turn off the heat
- Drain thoroughly and return to the pot. Add the mascarpone. Using a fork or potato masher, mash to your desired consistency. Taste, then season with salt and pepper if desired.
- Cover to keep warm.



- Meanwhile, pat the chicken dry with paper towels; season on both sides with salt, pepper, and half the Italian seasoning.
- In a large pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the seasoned chicken. Cook 6 to 7 minutes per side, or until browned and cooked through.*
- Leaving any browned bits (or fond) in the pan, transfer to a cutting board.

CUSTOMIZED STEP 3 If you chose Steak

- Meanwhile, pat the **steaks** dry with paper towels; season on all sides with salt, pepper, and half the Italian seasoning.
- In a large pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.



Customized Step 3 continued:

- Add the seasoned steaks. Cook, turning occasionally, 8 to 10 minutes for medium-rare (125°F), or until browned and cooked to your desired degree of doneness.*
- Leaving any browned bits (or fond) in the pan, transfer to a cutting board and let rest at least 5 minutes.

4 Make the dressing

· Meanwhile, in a bowl, whisk together the mayonnaise, mustard, remaining Italian seasoning, half the parmesan, 1 tablespoon of olive oil, 2 teaspoons of water, and as much of the garlic paste as you'd like; season with salt and pepper.



5 Cook & glaze the vegetables

- In the pan of reserved fond, heat a drizzle of olive oil on medium-high until hot.
- Add the zucchini pieces in an even layer. Cook, without stirring, 2 to 3 minutes, or until lightly browned. Season with salt and pepper. Continue to cook, stirring frequently, 2 to 3 minutes, or until slightly softened.



- Add the seasoned tomatoes. Cook, stirring occasionally, 1 to 2 minutes, or until softened.
- Add the vinegar (carefully, as the liquid may splatter). Cook, stirring frequently, 30 seconds to 1 minute, or until the vegetables are coated and most of the liquid has cooked off.
- Turn off the heat.

6 Slice the chicken & serve your dish

- Slice the cooked chicken crosswise.
- Serve the sliced chicken with the glazed vegetables and mashed potatoes. Top the chicken with the dressing. Garnish the vegetables with the remaining parmesan. Enjoy!



CUSTOMIZED STEP 6 If you chose Steak

- Find the lines of muscle (or grain) on the rested steaks; slice crosswise against the grain.
- Serve the sliced steaks with the glazed vegetables and mashed **potatoes**. Top the steaks with the **dressing**. Garnish the vegetables with the remaining parmesan. Enjoy!

*The USDA recommends a minimum safe cooking temperature of 165°F for chicken and 145°F for steak. Cook the steaks an additional 2 to 3 minutes to achieve this. Consuming raw or undercooked meat, poultry, fish, seafood or eggs may increase your risk of foodborne illness.



