Sheet Pan Vadouvan Meatloaf

Blue Apron blueapron.com





Ingredients



18 oz Ground Beef



2 Poblano Peppers



4 oz Shredded Monterey Jack Cheese



3 Tbsps Ketchup



2 tsps Vadouvan **Curry Powder**



4 pieces Naan Bread



3/4 lb Carrots



½ cup Tzatziki¹



4 tsps Honey



½ cup Panko Breadcrumbs



2 cloves Garlic



1/4 cup Tomato Achaar



3 Tbsps Golden Raisins



Serve with Blue Apron wine that has this symbol blueapron.com/wine

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"Alexa, find Blue Apron recipes."

Prepare the ingredients

- Remove the **honey** from the refrigerator to bring to room temperature.
- Preheat the oven to 450°F.
- · Wash and dry the fresh produce.
- Peel the carrots; halve crosswise, then quarter lengthwise.
- Cut off and discard the stems of the peppers. Halve

lengthwise; remove the ribs and seeds, then cut crosswise into 1/2-inch strips. Thoroughly wash your hands, knife, and cutting board immediately after handling.

• In a bowl, combine the **ketchup**, **honey** (kneading the packet before opening), and as much of the tomato achaar as you'd like, depending on how spicy you'd like the dish to be.

2 Season the vegetables

- Place the carrot pieces and pepper strips on a sheet pan.
- Drizzle with olive oil and season with salt and pepper. Toss to coat. Arrange in an even layer on one side of the sheet pan.



3 Roast the meatloaf & vegetables

- Transfer half the achaar **ketchup** to a separate bowl; set aside for serving.
- In a large bowl, combine the beef, breadcrumbs, raisins, and curry powder. Season with salt and pepper. Using your hands, gently mix until just combined.



Step 3 continued:

- Transfer to the other side of the sheet pan of seasoned vegetables. Shape into a tightly packed loaf, about 10 inches by 3 inches.
- Evenly top with the remaining achaar ketchup.
- Roast 22 to 24 minutes, or until the vegetables are tender when pierced with a fork and the meatloaf is cooked through.*
- Remove from the oven.
- Let the roasted meatloaf rest at least 2 minutes.

4 Make the cheesy naan

- · Meanwhile, peel and finely chop 2 cloves of garlic.
- Place the **naan** on a separate sheet pan; drizzle with olive oil. Evenly top with the cheese and chopped garlic.
- Drizzle with olive oil; season with salt and pepper.
- Toast in the oven 7 to 9 minutes, or until lightly browned and the cheese is melted.
- Remove from the oven.

5 Slice the meatloaf & serve your dish

- Transfer the rested meatloaf to a cutting board. Carefully slice crosswise.
- Serve the sliced meatloaf with the cheesy naan and roasted vegetables. Top the meatloaf with the reserved achaar ketchup. Serve the tzatziki on the side. Enjoy!



*The USDA recommends a minimum safe cooking temperature of 160°F for beef.

