Turkey & Mushroom Lettuce Cups





IF YOU CHOSE A CUSTOMIZED OPTION, visit the Current tab in the Blue Apron app or at blueapron.com for ingredients (denoted with an 😝 icon) and instructions tailored to you.*

Ingredients

Customized ingredients



10 oz Ground Turkey 🔄

SWAPPED FOR:



10 oz Ground Beef 🔄



1 Poblano Pepper



2 Tbsps Soy Glaze



1 head Butter Lettuce



4 oz Mushrooms



1 Tbsp Smooth Peanut Butter Spread



1 Tbsp Rice Vinegar



3 oz Radishes



2 cloves Garlic



1 Tbsp Sambal Oelek



3 Tbsps Roasted Peanuts







PersonalPoints⁻⁻ per serving

Now your Points value is personalized to YOU! Scan the barcode to see yours!



Scan this barcode in your WW app to track PersonalPoints.

Wine is not included in PersonalPoints as packaged. Skip adding salt during prep and cooking, and see nutrition info for sodium as packaged. Choose nonstick cooking spray (0 PersonalPoints) instead of olive oil (1 PersonalPoint per teaspoon) to coat your pan before heating.

If you customized this recipe, your PersonalPoints may differ from what's above.

To learn more about the (NEW!) WW PersonalPoints™ program, visit ww.com. The WW logo, PersonalPoints and myWW are the trademarks of WW International, Inc. and are used under license by Blue Apron, LLC.

Hey, Chef! Try these WW pro-tips: Skip adding salt during prep and cooking, and see nutrition info for sodium as packaged. Counting Personal Points? Choose nonstick cooking spray (0 PersonalPoints) instead of olive oil (1 PersonalPoint per teaspoon) to coat your pan before heating. To learn more about WW's Points program, visit ww.com.

COOK ALONG WITH



"Alexa, find Blue Apron recipes."

Prepare the ingredients & make the sauce

- Wash and dry the fresh produce.
- Halve the radishes lengthwise; thinly slice crosswise.
- Cut the mushrooms into bitesized pieces.
- Peel and roughly chop 2 cloves of garlic.
- Cut off and discard the root end of the lettuce; separate the leaves.
- Roughly chop the peanuts.
- Cut off and discard the stem of the pepper. Halve lengthwise; remove the ribs and seeds, then thinly slice crosswise. Thoroughly wash your hands immediately after handling.
- In a bowl, whisk together the peanut butter spread, soy glaze, half the vinegar, 2 teaspoons of water, and as much of the sambal oelek as you'd like, depending on how spicy you'd like the dish to be.

2 Marinate the radishes

- · In a bowl, combine the sliced radishes and remaining vinegar; season with salt and pepper. Set aside to marinate, stirring occasionally, at least 10 minutes.
- · Taste, then season with salt and pepper if desired.



3 Cook the turkey

- Meanwhile, in a medium pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the turkey; season with salt and pepper. Cook, stirring frequently and breaking the meat apart with a spoon, 4 to 5 minutes, or until lightly browned.



Step 3 continued:

- Add 1/4 of the sauce (carefully, as the liquid may splatter). Cook, stirring frequently, 1 to 2 minutes, or until the turkey is coated and cooked through.
- Leaving any browned bits (or fond) in the pan, transfer to a large bowl.

CUSTOMIZED STEP 3 If you chose Ground Beef

- Follow the directions in Step 3, using the **beef** (instead of turkey).

4 Cook the vegetables

- In the pan of reserved fond, heat a drizzle of olive oil on medium-high until hot.
- Add the mushroom pieces in an even layer. Cook, without stirring, 3 to 4 minutes, or until lightly browned.
- Add the chopped garlic and sliced pepper; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until softened.
- Turn off the heat.

5 Make the filling & serve your dish

- Add the cooked vegetables to the bowl of cooked turkey; stir to combine.
- · Taste, then season with salt and pepper if desired.
- Serve the lettuce leaves, filling, remaining sauce, marinated radishes, and chopped peanuts separately. Assemble each cup using 2 lettuce leaves. Enjoy!



CUSTOMIZED STEP 5 If you chose Ground Beef

- Make the filling and serve your dish as directed, using the bowl of cooked beef (instead of turkey).

2PRE11/2PRE16