

# Black Bean & Smoked Gouda Flautas

with Tomatillo Sour Cream

2 SERVINGS | 30-40 MINS

 **Blue Apron**  
blueapron.com



IF YOU CHOSE A CUSTOMIZED OPTION, visit the Current tab in the Blue Apron app or at [blueapron.com](https://blueapron.com) for ingredients (denoted with an ) and instructions tailored to you.\*

## Ingredients

Customized ingredients

ADDED:



10 oz Ground Beef 



4 Flour Tortillas 



2 oz Smoked Gouda Cheese



1 Tbsp Mexican Spice Blend<sup>1</sup>



4 Flour Tortillas



1 Lemon



1 oz Sliced Pickled Jalapeño Pepper



¼ cup Sour Cream



1 15.5-oz can Black Beans



½ lb Red Cabbage



⅓ cup Tomatillo-Poblano Sauce



2 Tbsps Mayonnaise



Serve with Blue Apron wine that has this symbol [blueapron.com/wine](https://blueapron.com/wine)

## Cook along on the app



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<sup>1</sup>. Ancho Chile Powder, Smoked Paprika, Garlic Powder, Ground Cumin & Dried Mexican Oregano  
\*Ingredients may be replaced and quantities may vary.





"Alexa, find Blue Apron recipes."

## 1 Prepare the ingredients

- Wash and dry the fresh produce.
- Cut out and discard the core of the **cabbage**; thinly slice the leaves.
- Using a zester or the small side of a box grater, finely grate the **lemon** to get 2 teaspoons. Quarter and deseed the lemon.
- Drain and rinse the **beans**.
- Grate the **cheese** on the large side of a box grater.
- Roughly chop the **pepper**. Thoroughly wash your hands and cutting board immediately after handling.
- In a bowl, whisk together the **sour cream** and **half the tomatillo sauce**; season with salt and pepper.



## 2 Make the slaw

- In a large bowl, combine the **mayonnaise**, **lemon zest**, and **the juice of 2 lemon wedges**.
- Add the **sliced cabbage** and toss to coat. Set aside to marinate, stirring occasionally, at least 10 minutes.
- Taste, then season with salt and pepper if desired.



## ↔ ADDITIONAL STEP If you chose Ground Beef

- In a medium pan (nonstick, if you have one), heat a drizzle of **olive oil** on medium-high until hot.
- Add the **beef**; season with salt and pepper. Cook, stirring frequently and breaking the meat apart with a spoon, 5 to 7 minutes, or until lightly browned. Carefully drain off and discard any excess oil.
- Leaving any browned bits (or fond) in the pan, transfer to a large bowl.

## 3 Make the filling

- In a medium pan (nonstick, if you have one), heat a drizzle of **olive oil** on medium-high until hot.
- Add the **drained beans** and **spice blend**; season with salt and pepper. Cook, stirring occasionally, 1 to 2 minutes, or until thoroughly combined.



## Step 3 continued:

- Add the **remaining tomatillo sauce** (carefully, as the liquid may splatter) and **¼ cup of water**. Cook, stirring frequently and mashing the beans with the back of a spoon, 3 to 4 minutes, or until thickened.
- Transfer to a bowl. Stir in the **grated cheese** and **as much of the chopped pepper as you'd like**, depending on how spicy you'd like the dish to be. Taste, then season with salt and pepper if desired.
- Rinse and wipe out the pan.

## ↔ CUSTOMIZED STEP 3 If you chose Ground Beef

- Make the filling as directed, but use the pan of reserved fond, and transfer to the bowl of **cooked beef**.

## 4 Assemble the flautas

- Place the **tortillas** on a work surface.
- Evenly divide the **filling** among the centers of the tortillas; tightly roll up each tortilla around the filling.



## 5 Cook the flautas & serve your dish

- In the same pan, heat a thin layer of oil on **medium** until hot.
- Carefully add the **flautas**, seam side down. Cook, without turning, 2 to 3 minutes, or until lightly browned. Continue to cook, turning occasionally, 4 to 5 minutes, or until browned and crispy on all sides.



- Transfer to a paper towel-lined plate; immediately season with salt.
- Let cool at least 2 minutes before serving.
- Serve the **cooked flautas** with the **slaw**. Serve the **tomatillo sour cream** and **remaining lemon wedges** on the side. Enjoy!

## ↔ CUSTOMIZED STEP 5 If you chose Ground Beef

- Follow the directions in Step 5, but cook the flautas in two batches.