

F YOU CHOSE A CUSTOMIZED OPTION, visit the Current tab in the Blue Apron app or at blueapron.com for ingredients (denoted with an 😝 icon) and instructions tailored to you.\*

### **Ingredients**

Customized ingredients









18 oz Ground Beef 🔄



1/3 cup Asian-Style Sautéed Aromatics



2 Tbsps Vegetarian Ponzu Sauce



1 tsp Black & White Sesame Seeds



1 lb Fresh Udon Noodles1



2 Bell Peppers



1/4 cup Tahini



1 Tbsp Sambal Oelek



15 oz Baby Bok Choy



2 cloves Garlic



1/3 cup Soy Glaze



1 Tbsp Sesame Oil



## Cook along on the app

The Blue Apron app doesn't just help you manage and track your weekly deliveries—it's also a hub for cooking inspiration! Browse our thousands of recipes, watch how-to videos, and cook along to your weekly recipes with step-by-step directions tailored to your meal's preferences. Download it from the App Store or Google Play today.

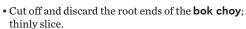
<sup>\*</sup>Ingredients may be replaced and quantities may vary.



#### "Alexa, find Blue Apron recipes."

# 1 Prepare the ingredients & make the sauce

- Remove the noodles from the refrigerator to bring to room temperature.
- · Wash and dry the fresh produce.
- Peel and roughly chop 2 cloves of garlic.
- Cut off and discard the stems of the **peppers**. Halve lengthwise: remove the ribs and seeds, then thinly slice crosswise.



• In a bowl, whisk together the tahini, soy glaze, ponzu sauce, sesame oil, 1/4 cup of water, and as much of the sambal oelek as you'd like, depending on how spicy you'd like the dish to be.



bowls

needed!

## 2 Cook the pork & vegetables

- In a large pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the pork and chopped garlic. Cook, stirring frequently and breaking the meat apart with a spoon, 4 to 6 minutes, or until the pork is browned.
- · Carefully drain off and discard any excess oil.
- Using a spoon, move the pork to one side of the pan.

#### Step 2 continued:

- Add the sautéed aromatics (carefully, as the liquid may splatter), sliced peppers, and sliced bok choy to the other side. Cook, stirring frequently, 2 to 3 minutes, or until slightly softened and the pork is cooked through.
- Turn off the heat. Taste, then season with salt and pepper if desired.



#### CUSTOMIZED STEP 2 If you chose Ground Beef

- Follow the directions in Step 2, using the **beef** (instead of pork).

## Finish & serve your dish

- · Using your hands, carefully separate the noodles.
- To the pan of cooked pork and vegetables, add the noodles and sauce. Cook on medium-high, stirring constantly, 1 to 2 minutes, or until the noodles are thoroughly coated and heated through.



- Turn off the heat. Taste, then season with salt and pepper if desired.
- Serve the finished noodles garnished with the sesame seeds. Enjoy!



### **CUSTOMIZED STEP 3** If you chose Ground Beef

- Finish and serve your dish as directed, using the pan of cooked beef and vegetables (instead of pork).



