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Ingredients

Customized ingredients



18 oz Thinly Sliced Beef 🔄

SWAPPED FOR:



Pieces 🔄







1 cup Long Grain White Rice



15 oz Baby Bok Choy



1/4 cup Cornstarch



¹⁄₃ cup Soy Glaze



½ lb Sweet Peppers



2 cloves Garlic



1 Tbsp Sambal Oelek



1 Tbsp Rice Vinegar



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"Alexa, find Blue Apron recipes."

Prepare the ingredients & make the sauce

- Wash and dry the fresh produce.
- · Peel and roughly chop 2 cloves of garlic.
- Cut off and discard the stems of the peppers; remove the cores, then quarter lengthwise.
- Cut off and discard the root ends of the **bok choy**; roughly chop.
- Thinly slice the scallions, separating the white bottoms and hollow green tops.
- In a bowl, combine the hoisin sauce, soy glaze, vinegar, 1/2 cup of water, and as much of the sambal oelek as you'd like, depending on how spicy you'd like the dish to be.



- Carefully rinse the rice (sifting through for any impurities). Drain thoroughly.
- In a medium pot, combine the rice, chopped garlic, a big pinch of salt, and 2 cups of water. Heat to boiling on high.
- Once boiling, reduce the heat to low. Cover and cook, without
- stirring, 13 to 15 minutes, or until the water has been absorbed and the rice is tender.
- Turn off the heat and fluff with a fork. Cover to keep warm.

3 Cook the vegetables

- Meanwhile, in a large pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the quartered peppers; season with salt and pepper. Cook, stirring occasionally, 3 to 4 minutes, or until lightly browned.



- Add the chopped bok choy and sliced white bottoms of the scallions; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until softened.
- · Transfer to a bowl.
- · Wipe out the pan.

4 Coat & cook the beef

- · Separate the beef; pat dry with paper towels. Place in a bowl; season with salt and pepper. Add the cornstarch; toss to thoroughly coat.
- · In the same pan, heat a thin layer of oil on medium-high.
- · Once the oil is hot enough that a pinch of cornstarch sizzles immediately when added, add the coated beef in an even layer (discarding any excess cornstarch). Cook, without stirring, 2 to 3 minutes, or until browned. Continue to cook, stirring occasionally, 2 to 3 minutes, or until just cooked through.

CUSTOMIZED STEP 4 If you chose Chicken

- Pat the **chicken** dry with paper towels. Place in a bowl: season with salt and pepper. Add the **cornstarch**; toss to thoroughly coat.
- In the same pan, heat a thin layer of oil on medium-high.
- Once the oil is hot enough that a pinch of cornstarch sizzles immediately when added, add the coated chicken in an even layer (discarding any excess cornstarch). Cook, without stirring, 3 to 4 minutes, or until lightly browned. Continue to cook, stirring occasionally, 3 to 4 minutes, or until browned and cooked through.

5 Finish & serve your dish

- Add the cooked vegetables and sauce to the pan of cooked beef. Cook, stirring frequently, 1 to 2 minutes, or until thoroughly combined.
- Turn off the heat. Taste, then season with salt and pepper if desired.
- Serve the finished beef, vegetables, and sauce over the cooked rice. Garnish with the sliced green tops of the scallions. Enjoy!

CUSTOMIZED STEP 5 If you chose Chicken

Finish and serve your dish as directed, using the pan of cooked chicken (instead of beef).







