

FYOU CHOSE A CUSTOMIZED OPTION, visit the Current tab in the Blue Apron app or at blueapron.com for ingredients (denoted with an cion) and instructions tailored to you.\*

### **Ingredients**

Customized ingredients

ADDED:



10 oz Hot Italian Pork Sausage 🔄



1 Lemon



½ cup Part-Skim Ricotta Cheese



6 oz Elicoidali Pasta



2 cloves Garlic



1/4 cup Grated Parmesan Cheese



¹/₃ cup Basil Pesto



1/2 lb Broccoli



1 oz Sliced Roasted Red Peppers



2 Tbsps Crème Fraîche



1/4 tsp Crushed Red Pepper Flakes



# Cook along on the app

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#### "Alexa, find Blue Apron recipes."

# 1 Prepare the ingredients

- Fill a medium pot 3/4 of the way up with salted water; cover and heat to boiling on high.
- Wash and dry the fresh produce.
- Cut off and discard the bottom 1/2 inch of the **broccoli** stem; roughly chop the broccoli.
- Peel and roughly chop 2 cloves of garlic.
- Quarter and deseed the lemon.
- Roughly chop the peppers.



#### **ADDITIONAL STEP** If you chose Sausage

- In a large pan (nonstick, if you have one), heat a drizzle of olive oil on medium-high until hot.
- Add the sausage. Cook, stirring frequently and breaking the meat apart with a spoon, 7 to 9 minutes, or until browned and cooked through.
- Leaving any browned bits (or fond) in the pan, transfer to a bowl.

# 2 Cook the broccoli

- In a large pan (nonstick, if you have one), heat 2 teaspoons of olive oil on medium-high until hot.
- Add the chopped broccoli, chopped garlic, and as much of the red pepper flakes as you'd like, depending on how spicy you'd like the dish to be. Season with salt and pepper.



- Cook, stirring occasionally, 5 to 7 minutes, or until lightly browned and slightly softened.
- Add 1/2 cup of water (carefully, as the liquid may splatter). Cook, stirring occasionally, 3 to 4 minutes, or until the broccoli is softened and the water has cooked off. Turn off the heat.



#### **CUSTOMIZED STEP 2** If you chose Sausage

- Cook the broccoli as directed, using the pan of reserved fond.

# 3 Cook the pasta

- Meanwhile, add the pasta to the pot of boiling water. Cook, stirring occasionally, 10 to 12 minutes, or until al dente (still slightly firm to the bite). Turn off the heat.
- Reserving 1/4 cup of the pasta cooking water, drain thoroughly.



# 4 Make the lemon ricotta

• In a bowl, combine the ricotta, half the parmesan, and the juice of 2 lemon wedges. Season with salt and pepper.



## 5 Finish the pasta & serve your dish

- To the pan of cooked broccoli, add the cooked pasta, crème fraîche, and half the reserved pasta cooking water. Cook on medium-high, stirring constantly, 1 to 2 minutes, or until combined.
- · Turn off the heat. Stir in the pesto and chopped peppers until the pasta is coated (if necessary, gradually add the remaining cooking water to ensure the pasta is thoroughly coated).
- · Taste, then season with salt and pepper if desired.
- Serve the finished pasta topped with the lemon ricotta and remaining parmesan. Serve the remaining lemon wedges on the side. Enjoy!



#### **CUSTOMIZED STEP 5** If you chose Sausage

· Finish the pasta and serve your dish as directed, adding the cooked sausage to the pan.



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