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Ingredients

Customized ingredients



10 oz Tail-On Shrimp¹ 🔄

SWAPPED FOR:



10 oz Chopped Chicken Breast 🔄





3 Tbsps Soy Glaze



3 Tbsps Asian-Style Sautéed Aromatics



1 Pasture-Raised Egg



1 Bell Pepper



1 Tbsp Sesame Oil



3 Tbsps Roasted Peanuts



½ cup Long Grain White Rice



4 oz Mushrooms



1 Tbsp Rice Vinegar



1 Tbsp Togarashi Seasoning²



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"Alexa, find Blue Apron recipes."

Cook the rice

- Carefully rinse the rice (sifting through for any small stones or impurities). Drain thoroughly.
- In a small pot, combine the rice and 1 cup of water. Heat to boiling on high.
- Once boiling, reduce the heat to low. Cover and cook, without stirring, 13 to 15 minutes, or until tender and the water has been absorbed.
- Turn off the heat and fluff with a fork.



2 Prepare the ingredients & make the sauce

- · Meanwhile, wash and dry the fresh produce.
- Roughly chop the peanuts.
- Cut the mushrooms into bitesize pieces.
- · Cut off and discard the stem of the pepper. Halve lengthwise; remove the ribs and seeds, then thinly slice.



- · Crack the egg into a bowl. Season with salt and pepper; beat until smooth.
- In a separate bowl, combine the soy glaze and vinegar.

Make the togarashi peanuts

- In a medium pan (nonstick, if you have one), heat 2 teaspoons of olive oil on medium-high until hot.
- Add the chopped peanuts and togarashi. Cook, stirring constantly, 1 to 2 minutes, or until combined.
- Transfer to a plate.
- Rinse and wipe out the pan.

4 Cook the shrimp

- Pat the shrimp dry with paper towels: remove the tails. Season with salt and pepper.
- In the same pan, heat 2 teaspoons of olive oil on medium-high until hot.
- · Add the seasoned shrimp in an even layer. Cook, without stirring, 2 to 3 minutes, or until

slightly opaque. Continue to cook, stirring occasionally, 1 to 2 minutes, or until opaque and cooked through.

- Transfer to a large bowl; cover with foil to keep warm.
- · Wipe out the pan.





CUSTOMIZED STEP 4 If you chose Chicken

- Pat the **chicken** dry with paper towels; season with salt and pepper.
- In the same pan, heat 2 teaspoons of olive oil on medium-high until hot.
- Add the seasoned chicken in an even layer. Cook, without stirring. 3 to 4 minutes, or until lightly browned. Continue to cook, stirring occasionally, 3 to 4 minutes, or until browned and cooked through.
- Transfer to a large bowl; cover with foil to keep warm.
- Wipe out the pan.

5 Cook the vegetables & egg

- In the same pan, heat 2 teaspoons of olive oil on medium-high until hot.
- Add the mushroom pieces; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until slightly softened.



- Add the sautéed aromatics (carefully, as the liquid may splatter) and sliced pepper; season with salt and pepper. Cook, stirring frequently, 2 to 3 minutes, or until slightly
- Using a spoon, move the vegetables to one side of the pan.
- Add 2 teaspoons of olive oil to the other side, then add the beaten egg. Cook, constantly stirring the egg, 30 seconds to 1 minute, or until cooked through. Stir the vegetables and egg to thoroughly combine.
- Transfer to the bowl of **cooked shrimp**. Wipe out the pan.



CUSTOMIZED STEP 5 If you chose Chicken

- Cook the vegetables and egg as directed, but transfer to the bowl of cooked chicken (instead of shrimp).

6 Make the fried rice & serve your dish

- In the same pan, heat the sesame oil on medium-high until hot.
- Add the cooked rice in an even layer. Cook, without stirring, 3 to 4 minutes, or until slightly crispy.
- Turn off the heat; carefully stir in the sauce.
- Transfer to the bowl of cooked shrimp, vegetables, and egg; stir to thoroughly combine. Taste, then season with salt and pepper if desired.
- Serve the finished fried rice garnished with the togarashi peanuts. Enjoy!



CUSTOMIZED STEP 6 If you chose Chicken

- Make the fried rice and serve your dish as directed, using the bowl of cooked chicken, vegetables, and egg (instead of shrimp).

