Roasted Cauliflower & Lemon Pasta





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Ingredients

Customized ingredients

ADDED:



3 oz Diced Pancetta 🔄



1 Tbsp Capers



¼ cup Grated Romano Cheese



6 oz Elicoidali Pasta



1 Shallot



1 Lemon



¼ cup Panko Breadcrumbs



1 head Cauliflower



1 clove Garlic



1 oz Butter



1/4 tsp Crushed Red Pepper Flakes



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"Alexa, find Blue Apron recipes."

Prepare & roast the cauliflower

- Place an oven rack in the center of the oven; preheat to 450°F.
- Fill a large pot 3/4 of the way up with salted water; cover and heat to boiling on high.
- Wash and dry the fresh produce.
- · Cut out and discard the core of the cauliflower; cut into small florets.



- Transfer to a sheet pan. Drizzle with olive oil and season with salt and pepper; toss to coat. Arrange in an even layer.
- Roast 22 to 24 minutes, or until browned and tender when pierced with a fork. Remove from the oven.

2 Cook the pasta

- Meanwhile, add the pasta to the pot of boiling water. Cook, uncovered, 10 to 12 minutes, or until al dente (still slightly firm to the bite). Turn off the heat.
- Reserving 1/2 cup of the pasta cooking water, drain thoroughly and return to the pot.



3 Prepare the remaining ingredients

- Meanwhile, peel 1 clove of garlic; using a zester or the small side of a box grater, finely grate into a paste.
- Peel and thinly slice the shallot.
- Using a zester or the small side of a box grater, finely grate the lemon to get 2 teaspoons. Quarter and deseed the lemon.



4 Make the garlic breadcrumbs

- In a medium pan, heat 2 teaspoons of olive oil on medium-high until hot.
- Add the breadcrumbs and half the garlic paste; season with salt and pepper. Cook, stirring frequently, 2 to 3 minutes, or until browned.
- Transfer to a bowl.
- · Wipe out the pan.



ADDITIONAL STEP If you chose Pancetta

- In the same pan, heat 1 teaspoon of olive oil on medium-high until hot.
- Add the pancetta. Cook, stirring occasionally, 4 to 5 minutes, or until lightly browned and cooked through.
- Leaving any browned bits (or fond) in the pan, transfer to a paper towel-lined plate.

5 Cook the shallot

- In the same pan, heat 2 teaspoons of olive oil on medium-high until hot.
- Add the sliced shallot, capers, remaining garlic paste, and as much of the red pepper flakes as you'd like, depending on how spicy you'd like the dish to be; season with salt and pepper. Cook, stirring frequently, 1 to 3 minutes, or until softened.
- · Turn off the heat.

6 Finish the pasta & serve your dish

• To the pot of cooked pasta, add the cooked shallot, roasted cauliflower, butter, lemon zest, the juice of 2 lemon wedges, and half the reserved pasta cooking water. Cook on medium-high, stirring constantly, 1 to 2 minutes, or until the pasta is coated (if necessary, gradually



add the remaining cooking water to ensure the pasta is thoroughly

- Turn off the heat. Taste, then season with salt and pepper if desired.
- Serve the finished pasta garnished with the garlic breadcrumbs and cheese. Serve the remaining lemon wedges on the side. Enjoy!



CUSTOMIZED STEP 6 If you chose Pancetta

- Finish the pasta and serve your dish as directed, adding the cooked pancetta to the pot.



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Produced in a facility that processes crustacean shellfish,

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