

FYOU CHOSE A CUSTOMIZED OPTION, visit the Current tab in the Blue Apron app or at blueapron.com for ingredients (denoted with an a icon) and instructions tailored to you.*

Ingredients

Customized ingredients



4 Skin-On Salmon Fillets 🔄





4 Boneless, Center-Cut Pork Chops 🔄



1/4 cup Hoisin Sauce



1 tsp Black & White Sesame Seeds



1 cup Long Grain White Rice



¹/₃ cup Asian-Style Sautéed Aromatics



2 Tbsps Vegetarian Ponzu Sauce



🚀 ¾ lb Green Beans



1 oz Butter



1 Tbsp Apple Cider Vinegar



Cook along on the app

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Prepare the ingredients & make the glaze

- Place an oven rack in the center of the oven; preheat to 450°F.
- Wash and dry the fresh produce.
- Cut off and discard any stem ends from the green beans.
- In a bowl, combine the **ponzu** sauce, hoisin sauce, and vinegar.



2 Cook the rice

- In a medium pot, combine the rice, a big pinch of salt, and 2 cups of water. Heat to boiling on high.
- Once boiling, reduce the heat to low. Cover and cook, without stirring, 13 to 15 minutes, or until the water has been absorbed and the rice is tender.



• Turn off the heat and fluff with a fork. Stir in the sautéed aromatics until combined. Taste, then season with salt and pepper if desired. Cover to keep warm.

3 Roast the green beans

- · Meanwhile, line a sheet pan with foil.
- Place the green beans on the foil. Drizzle with olive oil and season with salt and pepper; toss to coat.
- · Roast 10 to 12 minutes, or until lightly browned and tender when pierced with a fork.
- Remove from the oven.



Cook the fish & serve your dish

- Meanwhile, pat the **fish** dry with paper towels. Season with salt and pepper on both sides.
- In a large pan (nonstick, if you have one), heat 1 tablespoon of olive oil on medium until hot.
- Add the seasoned fish, skin side up. Loosely cover the pan with foil and cook 3 to 5 minutes, or until lightly browned. Flip and cook 2 minutes.
- Add the glaze (carefully, as the liquid may splatter) and butter. Cook, frequently spooning the mixture over the fish, 1 to 2 minutes, or until coated and cooked through.* Turn off the heat.
- Serve the **cooked fish** (including any glaze from the pan) with the cooked rice and roasted green beans. Garnish with the sesame seeds. Enjoy!

CUSTOMIZED STEP 4 If you chose Pork

- Meanwhile, pat the **pork** dry with paper towels. Season with salt and pepper on both sides.
- In a large pan (nonstick, if you have one), heat 1 tablespoon of olive oil on medium-high until hot.
- Add the seasoned pork. Cook 4 to 5 minutes, or until lightly browned. Flip and cook 3 minutes.
- Add the glaze (carefully, as the liquid may splatter) and butter. Cook, frequently spooning the mixture over the pork, 1 to 2 minutes for medium (the center may still be slightly pink), or until coated and cooked to your desired degree of doneness.* Turn off the heat.
- Serve the **cooked pork** (including any glaze from the pan) with the cooked rice and roasted green beans. Garnish with the sesame seeds. Enjoy!

*The USDA recommends a minimum safe cooking temperature of 145°F for fish and pork.

Produced in a facility that processes crustacean shellfish,



