

IF YOU CHOSE A CUSTOMIZED OPTION, visit the Current tab in the Blue Apron app or at blueapron.com for ingredients (denoted with an 😝 icon) and instructions tailored to you.*

Ingredients

Customized ingredients

ADDED:



3 oz Diced Pancetta 🔄



1 lb Broccoli



3 Tbsps Ranch Dressing



4 Pasture-Raised Eggs



1 Zucchini



1 Bell Pepper



2 oz White Cheddar Cheese



1 Pie Crust



2 cloves Garlic



1/4 cup Sour Cream



1/4 tsp Crushed Red Pepper Flakes



Cook along on the app

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Prepare the ingredients

- Preheat the oven to 425°F.
- Wash and dry the fresh produce.
- · Cut off and discard the bottom 1/2 inch of the broccoli stem; cut the broccoli into small florets.
- Quarter the zucchini lengthwise, then thinly slice crosswise.
- · Cut off and discard the stem of the pepper. Halve lengthwise; remove the ribs and seeds, then medium dice.
- Peel and roughly chop 2 cloves of garlic.
- Grate the **cheese** on the large side of a box grater.

2 Roast & dress the broccoli

- Place the broccoli florets on a sheet pan. Drizzle with 2 tablespoons of olive oil and season with salt and pepper. Toss to coat; arrange in an even layer.
- · Roast 14 to 16 minutes, or until browned and tender when pierced with a fork.
- Leaving the oven on, remove from the oven.
- \bullet Carefully transfer to a large bowl. Add the ranch dressing and toss to thoroughly coat. Taste, then season with salt and pepper if desired. Cover with foil to keep warm.



ADDITIONAL STEP If you chose Pancetta

- In a large pan (nonstick, if you have one), heat 1 teaspoon of olive oil on medium-high until hot.
- Add the pancetta. Cook, stirring occasionally, 4 to 5 minutes, or until lightly browned and cooked through.
- Leaving any browned bits (or fond) in the pan, transfer to a paper towel-lined plate.

3 Cook the zucchini & pepper

- In a large pan (nonstick, if you have one), heat 1 tablespoon of olive oil on medium-high until hot.
- Add the sliced zucchini and diced pepper; season with salt and pepper. Cook, stirring occasionally, 3 to 4 minutes, or until lightly browned.



Step 3 continued:

- Add the chopped garlic and as much of the red pepper flakes as you'd like, depending on how spicy you'd like the dish to be. Cook, stirring occasionally, 1 to 2 minutes, or until the vegetables are browned and softened.
- Turn off the heat. Taste, then season with salt and pepper if desired.



CUSTOMIZED STEP 3 If you chose Pancetta

· Cook the zucchini and pepper as directed, using the pan of reserved fond.

4 Assemble the quiche

- · Crack the eggs into a large bowl; beat until smooth. Whisk in the sour cream and 2 tablespoons of water.
- Add the cooked zucchini and pepper; season with salt and pepper. Stir to thoroughly combine.
- Place the pie crust on a sheet pan, leaving it in its tin. Carefully pour the filling into the crust.



CUSTOMIZED STEP 4 If you chose Pancetta

- Assemble the quiche as directed, adding the cooked pancetta after the cooked zucchini and pepper.

5 Bake the quiche & serve your dish

- Bake the quiche 24 to 26 minutes, or until the crust is lightly browned and the filling is set and cooked through.
- · Remove from the oven and let stand at least 2 minutes before serving.
- Serve the baked quiche with the dressed broccoli on the side. Enjoy!

