



IF YOU CHOSE A CUSTOMIZED OPTION, visit the Current tab in the Blue Apron app or at blueapron.com for ingredients (denoted with an 😝 icon) and instructions tailored to you.*

Ingredients

Customized ingredients



18 oz Ground Beef 🔄



16 oz Plant-Based Ground Beyond Beef™ 🔄



¼ cup Cilantro Sauce



2 tsps Vadouvan Curry Powder



1 cup Long Grain White Rice



1 ½ Tbsps Golden Raisins



¹⁄₃ cup Crispy Onions



¾ lb Carrots



2 Tbsps Tomato Achaar



½ cup Sour Cream



Cook along on the app

The Blue Apron app doesn't just help you manage and track your weekly deliveries—it's also a hub for cooking inspiration! Browse our thousands of recipes, watch how-to videos, and cook along to your weekly recipes with step-by-step directions tailored to your meal's preferences. Download it from the App Store or Google Play today.

Cook the rice

- In a medium pot, combine the rice, raisins, half the curry powder (you will have extra), a big pinch of salt, and 2 cups of water. Stir to combine. Heat to boiling on high.
- Once boiling, reduce the heat to low. Cover and cook, without stirring, 13 to 15 minutes, or until the water has been absorbed and the rice is tender.



• Turn off the heat and fluff with a fork.

2 Prepare the carrots

• Meanwhile, wash, dry, and peel the carrots; halve lengthwise, then thinly slice crosswise.



3 Cook the beef & carrots

- In a large pan, heat a drizzle of olive oil on medium-high until hot.
- Add the beef and sliced carrots; season with salt and pepper. Cook, stirring occasionally and breaking the meat apart with a spoon, 6 to 7 minutes, or until the beef is lightly browned and the carrots are slightly softened.



Step 3 continued:

- · Carefully drain off and discard any excess oil.
- \bullet Add the tomato achaar. Cook, stirring frequently, 1 to 2 minutes, or until thoroughly combined and the beef is cooked through.
- Turn off the heat. Taste, then season with salt and pepper if desired.



CUSTOMIZED STEP 3 If you chose Beyond Beef™

- Follow the directions in Step 3, using the Beyond Beef™ (instead of beef).

4 Make the sauce & serve your dish

- Meanwhile, in a bowl, combine the sour cream and cilantro sauce. Season with salt and pepper.
- Serve the cooked rice topped with the cooked beef and carrots and sauce. Garnish with the crispy onions. Enjoy!



CUSTOMIZED STEP 4 If you chose Beyond Beef™

- Make the sauce and serve your dish as directed with the cooked Beyond Beef™ and carrots (instead of beef).

