

Ingredients



18 oz Chopped Chicken Breast



3/4 lb Carrots



2 Tbsps Dried Currants



1/4 cup Mayonnaise



½ lb Orzo Pasta



2 cloves Garlic



1 Tbsp Capers



¼ tsp Crushed Red Pepper Flakes



5 oz Baby Spinach



½ lb Grape Tomatoes



¹∕₃ cup Basil Pesto



Serve with Blue Apron wine that has this symbol blueapron.com/wine

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1 Prepare the ingredients

- Fill a large pot 3/4 of the way up with salted water; cover and heat to boiling on high.
- Wash and dry the fresh produce.
- Peel the carrots; halve lengthwise, then thinly slice crosswise.
- Halve the tomatoes.
- Peel and roughly chop 2 cloves of garlic.
- In a bowl, combine the pesto and mayonnaise.

2 Cook the vegetables

- In a large pan (nonstick, if you have one), heat 1 tablespoon of olive oil on medium-high until hot.
- Add the sliced carrots in an even layer. Cook, without stirring, 4 to 5 minutes, or until lightly browned.
- Add the halved tomatoes and chopped garlic; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until softened.
- Transfer to a bowl and cover with foil to keep warm.
- Wipe out the pan.

3 Cook the pasta & wilt the spinach

- Meanwhile, add the pasta to the pot of boiling water. Cook, stirring occasionally, 7 to 9 minutes, or until tender. Turn off the heat.
- Drain thoroughly and return to the pot.
- Add the spinach; season with salt and pepper. Stir until wilted and thoroughly combined.



4 Cook the chicken

- Pat the chicken dry with paper towels; season with salt and pepper.
- In the same pan, heat 1 tablespoon of olive oil on medium-high until hot.
- Add the seasoned chicken in an even layer. Cook, without stirring, 3 to 4 minutes, or until lightly browned.



- Add the currants, capers, and as much of the red pepper flakes as you'd like, depending on how spicy you'd like the dish to be. Cook, stirring occasionally, 3 to 4 minutes, or until the chicken is browned and cooked through.
- Turn off the heat.

5 Finish the pasta & serve your dish

- To the pot of cooked pasta and spinach, add the cooked vegetables and a drizzle of olive oil; stir to combine. Taste, then season with salt and pepper if desired.
- Serve the cooked chicken over the finished pasta. Drizzle with the creamy pesto. Enjoy!

