



Ingredients

Customized ingredients



18 oz Ground Turkey 🔄

SWAPPED FOR:



18 oz Ground Beef 🔄



2 cloves Garlic



1 Tbsp Calabrian Chile Paste



1 Tbsp Capers



1 1/4 lbs Potatoes



4 oz Grape Tomatoes



½ cup Part-Skim Ricotta Cheese



1 Tbsp Red Wine Vinegar



1/4 cup Panko **Breadcrumbs**



₹ 3¼ lb Green Beans



1 bunch Rosemary



1/4 cup Grated Parmesan Cheese



3 Tbsps Ketchup



1 Tbsp Weeknight Hero Spice Blend¹



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^{1.} Onion Powder, Garlic Powder, Smoked Paprika & Whole Dried Parsley

^{*}Ingredients may be replaced and quantities may vary.

1) Prepare the ingredients

- Place an oven rack in the center of the oven; preheat to 450°F.
- Wash and dry the fresh produce.
- Medium dice the potatoes; place in a large bowl.
- In a separate bowl, combine the ketchup and as much of the chile paste as you'd like, depending on how spicy you'd



like the dish to be. Season with salt and pepper.

2 Form the meatloaf

- Line a sheet pan with foil; evenly coat the center of the foil with 1 tablespoon of olive oil.
- In a large bowl, combine the turkey, ricotta, breadcrumbs, capers, spice blend, and half the parmesan. Season with salt and pepper.
- Using your hands, gently mix until just combined. Transfer to the oiled portion of the sheet pan. Shape into a tightly packed loaf, about 10 inches by 3 inches.
- Transfer half the spicy ketchup to a separate bowl and set aside for
- Evenly top the meatloaf with the **remaining spicy ketchup**.



CUSTOMIZED STEP 2 If you chose Ground Beef

- Form the meatloaf as directed, using the **beef** (instead of turkey).

3 Roast the meatloaf & potatoes

- To the bowl of diced potatoes, add the whole rosemary sprigs. Drizzle with 2 tablespoons of olive oil and season with salt and pepper. Toss to coat.
- Transfer to the sheet pan; arrange in an even layer around the meatloaf.
- Roast 28 to 32 minutes, or until the potatoes are tender when pierced with a fork and the meatloaf is cooked through.*



Step 3 continued:

- Remove from the oven. Transfer the meatloaf to a cutting board and let rest at least 2 minutes.
- Carefully discard the rosemary sprigs.

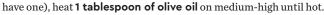


CUSTOMIZED STEP 3 If you chose Ground Beef

- Follow the directions in Step 3, but roast 20 to 24 minutes, or until the potatoes are tender when pierced with a fork and the meatloaf is cooked through.*

4 Prepare & cook the vegetables

- · Meanwhile, cut off and discard any stem ends from the green beans
- Halve the tomatoes.
- Peel and roughly chop 2 cloves of garlic.
- · Once the meatloaf and potatoes have roasted about 20 minutes, in a large pan (nonstick, if you





- Add the green beans; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until lightly browned.
- Add the halved tomatoes and chopped garlic; season with salt and pepper. Cook, stirring occasionally, 1 to 2 minutes, or until the tomatoes are slightly softened.
- Add the vinegar (carefully, as the liquid may splatter) and 2 tablespoons of water; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until most of the liquid has cooked off.
- Turn off the heat. Taste, then season with salt and pepper if desired.

5 Slice the meatloaf & serve your dish

- Carefully slice the rested meatloaf crosswise.
- · Serve the sliced meatloaf with the roasted potatoes and cooked vegetables. Top the meatloaf with the reserved spicy ketchup. Garnish the potatoes with the remaining parmesan. Enjoy!



*The USDA recommends a minimum safe cooking temperature of 165°F for turkey and 160°F for beef.



