

# **Ingredients**



2 Boneless, Skinless Chicken Breasts



1 clove Garlic



2 tsps Date Syrup



1 lb Sweet Potatoes



1 Lemon



2 Tbsps Mayonnaise



4 oz Brussels Sprouts



1 Tbsp Tahini



1 Tbsp Shawarma Spice Blend¹



Serve with Blue Apron wine that has this symbol blueapron.com/wine

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#### "Alexa, find Blue Apron recipes."

## 1 Prepare the ingredients

- Place an oven rack in the center of the oven; preheat to 450°F.
- Wash and dry the fresh produce.
- Halve the **sweet potatoes** lengthwise, then cut crosswise into 1/4-inch pieces.
- Cut off and discard the stem ends of the brussels sprouts; halve lengthwise.
- Quarter and deseed the lemon.
- Peel 1 clove of garlic; using a zester or the small side of a box grater, finely grate into a paste.

#### 2 Roast & finish the vegetables

- Line a sheet pan with foil.
- Place the sweet potato pieces and halved brussels sprouts on the foil.
- Drizzle with **olive oil** and season with salt and pepper. Toss to coat and arrange in an even layer.
- Roast 18 to 20 minutes, or until the vegetables are browned and tender when pierced with a fork.
- Transfer to a bowl. Top with **the juice of 2 lemon wedges**; stir to coat. Taste, then season with salt and pepper if desired.



#### 3 Cook the chicken

- Meanwhile, pat the chicken dry with paper towels; season on both sides with salt, pepper, and enough of the spice blend to coat (you may have extra).
- In a medium pan (nonstick, if you have one), heat a drizzle of **olive oil** on medium-high until hot



- Add the seasoned chicken. Cook 6 to 7 minutes per side, or until browned and cooked through.\*
- Transfer to a cutting board.

### 4 Make the sauce & serve your dish

- Meanwhile, in a bowl, combine the tahini, mayonnaise, date syrup, the juice of the remaining lemon wedges, 1 teaspoon of water, and as much of the garlic paste as you'd like; season with salt and pepper.
- Slice the cooked chicken crosswise.
- Serve the sliced chicken with the finished vegetables. Drizzle with the sauce. Enjoy!

\*The USDA recommends a minimum safe cooking temperature of 165°F for chicken.

Produced in a facility that processes crustacean shellfish,

