

4 SERVINGS

40-50 MINS



Serve a bottle of Blue Apron wine with this symbol: Plush & Fruity.

blueapron.com/wine

Ingredients



2 Skin-On Duck Breasts



2 Boneless, Skinless Chicken Breasts



²/₃ cup Chicken Bone Broth



2 Tbsps Red Wine Vinegar



4 Tbsps Butter



1 1/4 lbs Golden or Red Potatoes



2 Tbsps Dijon Mustard



4 ears of Corn



1 Shallot



1 bunch Parsley



5 oz Baby Spinach



4 Tbsps Crème Fraîche



1 oz Sweet Piquante Peppers

Cook & smash the potatoes

- Fill a medium pot 3/4 of the way up with salted water; cover and heat to boiling on high.
- · Wash and dry the fresh produce.
- If necessary, halve any potatoes larger than 2-inches
- Once boiling, add the potatoes to the pot and cook 16 to 18 minutes, or until tender when pierced with a fork.
- Drain thoroughly and transfer to a sheet pan (or work surface). When cool enough to handle, using the flat side of your knife (or the bottom of a small pan), carefully smash each cooked potato once to flatten.

2 Cook the duck & chicken

- Meanwhile, pat the duck and chicken dry with paper towels. Season with salt and pepper on both sides.
- In a large pan (nonstick, if you have one), heat a drizzle of olive oil on medium until hot.



- Add the seasoned duck (skin side down) and seasoned chicken. Cook the duck 9 to 11 minutes, or until browned and the skin is crispy. Flip and cook 4 to 5 minutes for medium (145°F), or until cooked to your desired degree of doneness.* Cook the chicken 7 to 8 minutes per side, or until browned and cooked through (165°F).*
- Transfer the cooked duck (skin side up) and cooked chicken to a cutting board; let rest at least 10 minutes.
- Carefully drain the duck fat into a small bowl.
- Wipe out the pan.

3 Prepare the remaining ingredients

- Meanwhile, remove the husks and silks from the corn; cut the kernels off the cobs.
- Peel and thinly slice the shallot.
- Roughly chop the peppers.
- Roughly chop the parsley leaves and stems.



4 Crisp the potatoes

- In the same pan, heat 1 tablespoon of the reserved duck fat on medium-high until hot
- Add the smashed potatoes. Cook 1 to 2 minutes per side (if the pan seems dry, add the remaining duck fat before flipping), or until browned and crispy.



- Transfer to a plate; immediately season with salt and pepper.
- Wipe out the pan.

5 Cook & finish the vegetables

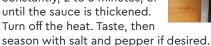
- In the same pan, heat 2 teaspoons of olive oil on medium-high until hot.
- Add the corn kernels and sliced shallot; season with salt and pepper. Cook, stirring occasionally, 1 to 2 minutes, or until slightly softened (be careful, as the corn may pop as it cooks).

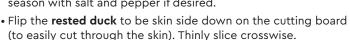


- Add the spinach. Cook, stirring frequently, 1 to 2 minutes, or until wilted.
- Transfer to a bowl; add the crème fraîche and chopped peppers. Season with salt and pepper; stir to combine.
- Wipe out the pan.

Make the pan sauce & serve your dish

- In the same pan, heat the broth to boiling on high.
- Once boiling, reduce the heat to medium-high. Add the **butter**, **vinegar**, and mustard. Cook, whisking constantly, 2 to 3 minutes, or until the sauce is thickened. Turn off the heat. Taste, then





- Thinly slice the **cooked chicken** crosswise.
- Serve the sliced duck (skin side up) and sliced chicken with the crisped potatoes and finished vegetables on the side. Top the duck and chicken with the pan sauce. Garnish the vegetables with the chopped parsley. Enjoy!

*The USDA recommends cooking duck and all poultry until an instant-read thermometer registers a minimum temperature of 165°F.

NUTRITION PER SERVING (AS PREPARED)**

Calories: 700, Total Carbohydrates: 46g, Dietary Fiber: 7g, Added Sugars: 1g, Total Fat: 39g, Saturated Fat: 16g, Protein: 45g, Sodium: 1760mg.

**See full Nutrition Facts on your Current page in the Blue Apron app or at blueapron.com.

CONTAINS: SEE INGREDIENT PACKAGING FOR ALLERGEN(S).



