# Sweet Pepper Chicken

with Ditali Pasta & Spinach

PREP TIME: 10 minutes
COOK TIME: 25-35 minutes

**SERVINGS: 4** 

Chicken scarpariello, an Italian-American dish, can be made with countless variations—but it always features chicken and peppers in a delectably tart sauce. Here, we're using verjus (the juice of young wine grapes) to brighten a sauce made with two kinds of sweet peppers. Little tubes of ditali pasta, simply cooked with spinach, butter, and cheese, are a satisfying pairing for the chicken.



#### MATCH YOUR BLUE APRON WINE



Fruity & Savory

Serve a bottle with this symbol for a great pairing.



#### **Ingredients**



BONELESS, SKINLESS CHICKEN BREASTS



2 cloves GARLIC



1/2 Ib DITALI PASTA



SWEET PEPPERS



1 bunch OREGANO



4 oz SPINACH

#### KNICK KNACKS:



2 Tbsp BUTTER



2 Tbsp VERJUS BLANC



1/4 cup ALL-PURPOSE FLOUR



2 Tbsp MASCARPONE CHEESE



l oz SWEET PIQUANTE PEPPERS



1/4 cup GRATED PECORINO CHEESE

















#### 1 Prepare the ingredients:

- ☐ Heat a large pot of salted water to boiling on high.
- ☐ Wash and dry the fresh produce.
- ☐ Cut off and discard the sweet pepper stems; halve the peppers lengthwise, then remove and discard the ribs and seeds. Thinly slice lengthwise.
- Peel and roughly chop the garlic.
- ☐ Roughly chop the piquante peppers.
- ☐ Pick the oregano leaves off the stems of 1 sprig; discard the stems. Keep the remaining sprigs whole.

#### 2 Make the sauce:

- ☐ In a large pan, heat 2 teaspoons of olive oil on medium-high until hot.
- Add the **sweet peppers** and **garlic**; season with salt and pepper. Cook, stirring occasionally, 3 to 4 minutes, or until softened.
- Add the piquante peppers, whole oregano sprigs, verjus, and ½ cup of water; season with salt and pepper. Cook, stirring occasionally, 1 to 2 minutes, or until the liquid is slightly reduced in volume.
- ☐ Transfer to a bowl. Season with salt and pepper to taste. Rinse and wipe out the pan.

### 3 Cook the pasta:

- ☐ While the sauce cooks, add the **pasta** to the pot of boiling water. Cook, stirring occasionally, 8 to 10 minutes, or until just shy of al dente (still slightly firm to the bite).
- ☐ Turn off the heat. Reserving 1/2 cup of the pasta cooking water, drain thoroughly and return to the pot.

#### 4 Coat & cook the chicken:

- ☐ While the pasta cooks, pat the **chicken** dry with paper towels; season with salt and pepper on both sides. Place the **flour** on a plate. Thoroughly coat the seasoned chicken in the flour (tapping off any excess); transfer to a separate plate.
- ☐ In the same pan, heat 2 teaspoons of olive oil on medium-high until hot. Add the coated chicken and cook 3 to 5 minutes per side, or until browned.

### 5 Finish the chicken:

☐ Add the **sauce** to the pan and cook, occasionally spooning the sauce over the chicken, 2 to 3 minutes, or until the chicken is coated and cooked through. Turn off the heat. Season with salt and pepper to taste. Carefully remove and discard the whole oregano sprigs.

## 6 Finish the pasta & serve your dish:

- Add the spinach, butter, and half the reserved pasta cooking water to the pot of cooked pasta. Cook on medium-high, stirring vigorously, 1 to 2 minutes, or until the spinach has wilted and the pasta is coated. (If the sauce seems dry, gradually add the remaining pasta cooking water to achieve your desired consistency.)
- ☐ Turn off the heat and stir in the **mascarpone cheese**. Season with salt and pepper to taste.
- ☐ Transfer to a serving dish. Top with the finished chicken and sauce.

  Garnish with the pecorino cheese and oregano leaves. Enjoy!