Za'atar-Roasted **Broccoli Salad**

with Fregola Sarda, Pecorino Cheese & Tahini Dressing

PREP TIME: 15 minutes COOK TIME: 25-35 minutes

SERVINGS: 2

For tonight's Middle Eastern-inspired pasta salad, we're roasting broccoli with za'atar (a traditional blend of spices including oregano, thyme and sumac). The broccoli's herbaceous, savory flavor is a perfect match for toasted fregola sarda pasta. Crunchy roasted almonds, Pecorino cheese and hardboiled egg give the salad plenty of hearty texture—all brought together with a bright, creamy tahini dressing.



BLUE APRON WINE PAIRING:

Fabre Minervois, 2015

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Ingredients



CAGE-FREE **FARM EGGS**



1 lb **BROCCOLI**



1 clove GARLIC



RED ONION



1/2 cup FREGOLA SARDA



MINT

LEMON





1 bunch

KNICK KNACKS:



3 Tbsp **ROASTED ALMONDS**



2 Tbsp TAHINI



2 oz **PECORINO** CHEESE



2 tsp ZA'ATAR

















1 Prepare the ingredients:

- Preheat the oven to 450°F.
- ☐ Wash and dry the fresh produce.
- Heat a small pot of water to boiling on high.
- $\hfill \square$ Heat a large pot of salted water to boiling on high.
- ☐ Cut the broccoli into bite-sized florets.
- Peel and thinly slice the onion.
- ☐ Peel and mince the garlic; using the flat side of your knife, smash until it resembles a paste (or use a zester).
- Quarter and deseed the lemon.
- ☐ Roughly chop the almonds.
- ☐ Using a fork, crumble the cheese into small pieces.
- Pick the mint leaves off the stems; discard the stems.

2 Cook & peel the eggs:

- Carefully add the eggs to the small pot of boiling water and cook for exactly 9 minutes.
- ☐ Drain and rinse under cold water for 30 seconds to 1 minute to stop the cooking process.
- ☐ When cool enough to handle, carefully peel the cooked eggs.
- Transfer to a cutting board and thinly slice into rounds. Season with salt and pepper.

3 Roast the broccoli & onion:

- While the eggs cook, place the **broccoli** and **onion** on a sheet pan.
- Drizzle with olive oil and season with salt, pepper and the **za'atar**; toss to thoroughly coat.
- ☐ Arrange in a single, even layer and roast 20 to 22 minutes, or until browned and tender when pierced with a fork. Remove from the oven.

4 Make the dressing:

- While the broccoli and onion roast, in a bowl, combine the tahini, the juice of 2 lemon wedges, 2 tablespoons of water and as much of the garlic paste as you'd like.
- ☐ Slowly whisk in 1½ tablespoons of olive oil until well combined. Season with salt and pepper to taste.

5 Cook the pasta:

- While the broccoli and onion continue to roast, add the **pasta** to the large pot of boiling water and cook 14 to 17 minutes, or until tender.
- Turn off the heat. Drain thoroughly and return to the pot.

6 Finish & plate your dish:

- ☐ To the pot of cooked pasta, add the roasted broccoli and onion, almonds, cheese, dressing, the juice of the remaining lemon wedges and a drizzle of olive oil.
- ☐ Stir to thoroughly combine; season with salt and pepper to taste.
- Divide the finished salad between 2 dishes.
- \square Top with the sliced eggs.
- $\hfill \Box$ Garnish with the mint (tearing just before adding). Enjoy!