



Ingredients

- 1 Pie Crust
- 4 Farm Eggs
- 4 Ounces Arugula
- 3 Radishes
- 1 Purple Potato
- 1 Lemon
- 1 Red Onion
- 1 Zucchini
- 1 Bunch Basil

Knick Knacks

½ Cup Part-Skim Ricotta Cheese

1/3 Cup Grated Parmesan Cheese

Makes: 4 servings | Calories: about 550 per serving Prep Time: 15 minutes | Cook Time: 35–45 minutes





Prepare the ingredients:

Preheat the oven to 425°F. Wash and dry the fresh produce. Small dice the potato. Peel and small dice the onion. Small dice the zucchini. Pick the basil leaves off the stems; discard the stems. Quarter and deseed the lemon. Cut off and discard the ends of the radishes; thinly slice into rounds.



Cook the vegetables:

In a large pan (nonstick, if you have one), heat 1 tablespoon of olive oil on medium-high until hot. Add the **potato** and **onion**; season with salt and pepper. Cook, stirring occasionally, 4 to 6 minutes, or until lightly browned and slightly softened. Add the **zucchini**; season with salt and pepper. Cook, stirring occasionally, 3 to 5 minutes, or until softened. Remove from heat.



Make the filling:

Crack the **eggs** into a large bowl; season with salt and pepper and beat until smooth. Add **half the Parmesan cheese** and **2 tablespoons of water**; whisk until smooth. Add the **cooked vegetables** and **half the basil** (tearing just before adding); season with salt and pepper. Stir to thoroughly combine.



Assemble & bake the quiche:

Place the **pie crust** on a sheet pan, leaving it in its tin. Carefully pour the **filling** into the crust (you may have extra filling). Using a spoon, top the filling with 8 to 10 equal-sized scoops of the **ricotta cheese**, leaving some space between the scoops; season with salt and pepper. Bake 24 to 26 minutes, or until the crust is browned and the filling is set and cooked through. Let stand for at least 2 minutes before serving.



Make the dressing:

While the quiche bakes, in a small bowl, combine the juice of all 4 lemon wedges and the remaining Parmesan cheese; season with salt and pepper to taste. Slowly whisk in 2 tablespoons of olive oil until well combined.



Make the salad & serve your dish:

Just before serving, in a large bowl, combine the **arugula**, **radishes** and **remaining basil** (tearing just before adding); season with salt and pepper. Add enough of the **dressing** to coat the salad (you may have extra dressing). Toss to mix and season with salt and pepper to taste. Transfer to a serving dish. Serve the **baked quiche** with the salad on the side. Enjoy!