



Ingredients

- 10 Ounces Gnocchi
- 4 Ounces Spinach
- 1 Clove Garlic
- ½ Bunch Asparagus

Knick Knacks

- 2 Tablespoons Butter
- 1 Tablespoon Capers
- 1 Tablespoon Sliced Almonds
- 1/4 Cup Grated Parmesan Cheese

Makes: 2 servings | Calories: about 540 per serving Prep Time: 10 minutes | Cook Time: 15–25 minutes



Prepare the ingredients:

Wash and dry the fresh produce. Heat a medium pot of salted water to boiling on high. Finely chop the almonds and capers. Peel and mince the garlic; using the flat side of your knife, smash until it resembles a paste (or use a zester). Snap off and discard the tough, woody stem ends of the asparagus; cut into 1-inch pieces.



Cook the gnocchi:

Add the **gnocchi** to the pot of boiling water and cook 2 to 3 minutes, or until the gnocchi float to the top of the pot. Reserving ½ **cup of the gnocchi cooking water**, drain thoroughly.



Finish the gnocchi:

Transfer the **browned gnocchi and cooked asparagus** to the bowl of **pesto**. Add **half the gnocchi cooking water**; stir to thoroughly combine. (If the sauce seems dry, gradually add the remaining gnocchi cooking water to achieve your desired consistency.) Season with salt and pepper to taste.



Cook the spinach & make the pesto:

In a medium pan (nonstick, if you have one), heat 1 teaspoon of olive oil on medium-high until hot. Add the **spinach**; season with salt and pepper. Cook, stirring occasionally, 3 to 4 minutes, or until wilted. Transfer to a strainer; hold or rest the strainer over a bowl. Using a spoon, press down on the cooked spinach to release as much liquid as possible; discard the liquid. Transfer the drained spinach to a cutting board and finely chop. Transfer the chopped spinach to a large bowl; stir in the **almonds**, **capers**, **garlic paste** and **half the cheese**. Slowly stir in enough olive oil to create a rough paste; season with salt and pepper to taste. Wipe out the pan.



Brown the gnocchi & cook the asparagus:

In the pan used to cook the spinach, heat the **butter** on mediumhigh until melted. Cook, stirring occasionally, 15 to 30 seconds, or until the butter foams. Once the foam subsides, add the **cooked gnocchi** and **asparagus**; season with salt and pepper. Cook, stirring and swirling the pan occasionally, 2 to 4 minutes, or until the gnocchi are lightly browned and the asparagus has softened.



Plate your dish:

Divide the **finished gnocchi** between 2 dishes. Garnish with the **remaining cheese**. Enjoy!