



Ingredients

11/8 Pounds Ground Pork

10 Ounces Rigatoni Pasta

1 28-Ounce Can Whole Peeled Tomatoes

½ Pound Fresh Mozzarella Cheese

4 Ounces Spinach

3 Cloves Garlic

1 Persian Cucumber

1 Yellow Onion

Knick Knacks

2 Tablespoons Red Wine Vinegar

1 Tablespoon Whole Grain Dijon Mustard

1 Tablespoon Rigatoni Spice Blend

(Whole Fennel Seeds, Ground Fennel, Ground Coriander, Italian Seasoning & Garlic Powder)

Makes 4 Servings

About 700 Calories Per Serving

Prep Time: 10 min | Cook Time: 35 to 45 min





Cook the pasta:

Preheat the oven to 475°F. Heat a large pot of salted water to boiling on high. Once boiling, add the **pasta**. Cook 9 to 11 minutes, or until al dente (still slightly firm to the bite). Drain thoroughly and rinse under cold water to stop the cooking process. Rinse and wipe out the pot.



Prepare the ingredients:

While the pasta cooks, wash and dry the fresh produce. Peel and thinly slice the garlic. Peel, halve and thinly slice the onion. Tear the cheese into bite-sized pieces. Thinly slice the cucumber into rounds. Place the tomatoes in a bowl; gently break apart with your hands.



Start the sauce:

In the pot used to cook the pasta, heat 1 tablespoon of olive oil on medium-high until hot. Add the **garlic** and **onion**; season with salt and pepper. Cook, stirring occasionally, 2 to 4 minutes, or until softened and fragrant. Add the **ground pork** and **spice blend**; season with salt and pepper. Cook, frequently breaking the meat apart with a spoon, 2 to 3 minutes, or until the pork is lightly browned and cooked through. Carefully drain off and discard any drippings from the pot.



Finish the sauce:

Add the **tomatoes** to the pot; cook, stirring occasionally, 6 to 8 minutes, or until thoroughly combined and slightly reduced in volume. Remove from heat and season with salt and pepper to taste.



Assemble & bake the pasta:

Add the **cooked pasta** to the pot of **finished sauce**; stir to thoroughly combine and season with salt and pepper to taste. Transfer to a baking dish. Evenly top with the **cheese**; season with salt and pepper. Bake 12 to 14 minutes, or until slightly crispy on top and the cheese has melted. Remove from the oven and let stand for 2 minutes before serving.



Make the salad & serve your dish:

While the pasta bakes, in a small bowl, combine the **vinegar** and **mustard**; season with salt and pepper to taste. Slowly whisk in **2 tablespoons of olive oil** until well combined. Just before serving, in a large bowl, combine the **spinach**, **cucumber** and enough of the **vinaigrette** to coat the salad (you may have extra vinaigrette). Toss to mix and season with salt and pepper to taste. Transfer to a serving dish. Serve with the **baked pasta**. Enjoy!