



# Ingredients

- 8 Ounces Ground Beef
- 2 Sesame Seed Buns
- 6 Ounces Green Beans
- 2 Cloves Garlic
- 1 Tomato
- 1 Lemon
- 1 Bunch Basil

## **Knick Knacks**

- 2 Tablespoons Dijon Mustard
- 2 Tablespoons Mayonnaise
- 1 Ounce Kalamata Olives
- 1 Shallot

Makes 2 Servings

**About 700 Calories Per Serving** 

Prep Time: 15 min | Cook Time: 15 to 25 min



## Prepare the ingredients:

Wash and dry the fresh produce. Heat a medium pot of salted water to boiling on high. Trim off and discard the stem ends of the green beans. Peel and mince the garlic; using the flat side of your knife, smash until it resembles a paste (or use a zester). Quarter and deseed the lemon. Peel and mince the shallot to get 2 tablespoons of minced shallot (you may have extra); place in a bowl with **the juice of 3 lemon wedges**. Halve and core the tomato; thinly slice 1 half and medium dice the other. Pick the basil leaves off the stems; discard the stems. Pit and roughly chop the olives. Halve the buns.



### Form & cook the burgers:

In a medium bowl, combine the **ground beef, all but a pinch of the garlic paste** and **half the mustard**; season with salt and pepper. Mix until just combined. Form the mixture into two ½-inch-thick burgers. In a medium pan (nonstick, if you have one), heat 2 teaspoons of olive oil on medium-high until hot. Add the **burgers**. Cook 2 to 4 minutes per side, or until browned and cooked to your desired degree of doneness. Transfer to a plate, leaving any browned bits (or fond) in the pan.



# Make the salad:

While the burgers continue to cook, in a large bowl, combine the **blanched green beans, diced tomato** and **half the basil** (tearing the leaves just before adding); season with salt and pepper. Add as much of the **vinaigrette** as you'd like (you may have extra); toss to coat and season with salt and pepper to taste.



#### Blanch the beans:

Add the **green beans** to the pot of boiling water. Cook 3 to 5 minutes, or until bright green and slightly tender. Drain thoroughly and rinse under cold water for 30 seconds to 1 minute to stop the cooking process. Pat dry with paper towels.



# Make the olive aioli & vinaigrette:

While the burgers cook, in a small bowl, combine the olives, mayonnaise, remaining garlic paste and the juice of the remaining lemon wedge; stir to combine and season with salt and pepper to taste. Set aside. Add the remaining mustard to the shallot-lemon juice mixture; season with salt and pepper to taste. Slowly whisk in 2 tablespoons of olive oil until thoroughly combined.



#### Toast the buns & plate your dish:

Heat the pan of reserved fond on medium until hot. Add the **buns**, cut sides down. Toast 1 to 2 minutes, or until lightly browned. Transfer to a clean, dry work surface. Top each toasted bun bottom with **half the sliced tomato**, a **cooked burger**, **half the olive aioli**, **half the remaining basil** and a toasted bun top. Divide the **finished burgers** and **salad** between 2 plates. Enjoy!