

Double-Cream Cremont Cheese			
Serving Size 1 oz (28g) Servings Per Container 5			
Amount Per Serving			
Calories 100		Calories from Fat 80	
			% Daily Value*
Total Fat 9g		14%	
Saturated Fat 6g		30%	
Trans Fat 0g			
Cholesterol 30mg		10%	
Sodium 150mg		6%	
Total Carbohydrate 1g		0%	
Dietary Fiber 0g		0%	
Sugars 0g			
Protein 4g		8%	
Vitamin A 8%		Vitamin C 0%	
Calcium 4%		Iron 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: pasteurized cows' milk, pasteurized goats' milk, pasteurized cows' cream, salt, cultures, enzymes
Contains: Milk

Herb Chèvre			
Serving Size 1 oz (28g)			
Servings Per Container 4			
Amount Per Serving			
Calories 70		Calories from Fat 50	
		% Daily Value*	
Total Fat 6g		9%	
Saturated Fat 3.5g		18%	
Trans Fat 0g			
Cholesterol 20mg		7%	
Sodium 120mg		5%	
Total Carbohydrate 1g		0%	
Dietary Fiber 0g		0%	
Sugars 1g			
Protein 4g		8%	
Vitamin A 8%		Vitamin C 0%	
Calcium 2%		Iron 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: pasteurized goats' milk, salt, herbs (basil, oregano, rosemary, thyme), cultures, enzymes
Contains: Milk

Cabot Creamery Clothbound Cheddar Cheese			
Serving Size 1 oz (28g) Servings Per Container 4			
Amount Per Serving			
Calories 120		Calories from Fat 80	
		% Daily Value*	
Total Fat 9g		14%	
Saturated Fat 6g		30%	
Trans Fat 0g			
Cholesterol 25mg		8%	
Sodium 220mg		9%	
Total Carbohydrate 1g		0%	
Dietary Fiber 0g		0%	
Sugars 0g			
Protein 8g		16%	
Vitamin A 10%		Vitamin C 0%	
Calcium 20%		Iron 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: pasteurized Milk, Cheese Cultures, salt, enzymes
Contains: Milk

Alpha Tolman

Alpine Style Cheese

Serving Size 1 oz (28g)

Servings Per Container 4

Amount Per Serving			
Calories 110		Calories from Fat 80	
		% Daily Value*	
Total Fat 9g		14%	
Saturated Fat 6g		30%	
Trans Fat 0g			
Monounsaturated Fat 2.5g			
Cholesterol 30mg		10%	
Potassium 30mg		1%	
Sodium 180mg		8%	
Total Carbohydrate 1g		0%	
Dietary Fiber 0g		0%	
Sugars 0g			
Protein 7g		14%	
Vitamin A 6%		Vitamin C 0%	
Calcium 20%		Iron 0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: raw milk, cheese cultures, salt, rennet
Contains: Milk

Sea Salt & Olive Oil Crackers

Serving Size 1.1 oz (31g)
Servings Per Container 8

Amount Per Serving	
Calories 100	Calories from Fat 25
% Daily Value*	
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 3g	6%

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredient List: unbleached enriched wheat flour [wheat flour, malted barley flour, niacin, iron, thiamin mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid], water, cornmeal, canola oil, wheat bran, salt, olive oil, sea salt
Contains: Wheat
May Contain: Crustacean Shellfish, Eggs, Fish, Milk, Peanut, Soy, Tree Nuts

Heirloom Apple Butter

Serving Size 1 Tbsp (21g)
Servings Per Container 2

Amount Per Serving	
Calories 30	
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Sugars 7g	
Protein 0g	0%

Vitamin C 1% • Calcium 0%
Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: apples, apple cider vinegar, cane sugar, apple jack brandy, cinnamon, allspice



NUTRITION FACTS